

WEDNESDAY NIGHT FOOTHILL FLYERS FUN RUNS

All Adults Welcome...walk, jog, or run

Meet at 6:00 p.m. at REI parking lot – NE corner, Santa Anita and Santa Clara, Arcadia

Date	Name of Run	Restaurant & Details
May		
1	Arboretum Loop	Nano Café – 322 W Sierra Madre, Sierra Madre
8	Yoshi's Run <i>*Meeting Night*</i>	BYO dinner, drink and chair in the REI parking lot
15	Hillcrest	Pizza Night at Chez REI – BYO drinks and chair
22	Mt Trail/Mary's Market	The Gastropub – 3562 E Foothill, Pasadena
29	Cloverleaf Trail Loop	BYO dinner & meet at Steve and Liz's home, 436 W Scenic Dr, Mon
Jun		
5	Singingwood	Basil Thai - 411 E Huntington #103, Arcadia
12	Yoshi's Run <i>*Meeting Night*</i>	BYO dinner, drink and chair in the REI parking lot
19	Brewsky Bruckner's Run	Pizza night start/finish at Pacific Plate Brewery – 2015 S Myrtle, Mon
26	Bailey Canyon	BYO dinner and meet at Bailey Canyon Park on Carter at Grove St, Sierra Madre. After-run will be at Pete & Lisa's home, 460 Sierra Keys Dr, Sierra Madre

Runs are 4- to 7-miles with shortcuts depending on individual pace and return to REI by 7:30p; dinner at 8:00p. Meet at 6:00p then run starts at 6:15p from the REI parking lot unless otherwise noted with an asterisk* such as on the last Wednesday of the months of April through September when we run a local mountain trail. If a trail is closed, we run from REI and picnic in the parking lot after. Rain? Meet at REI at 6:15 p.m. to decide whether to run or go to dinner at 6:30p; if meeting night, dinner at 7:30p.

Route sheets and maps available on the club web site: www.foothillflyers.org/funruns.html, or see **Scott Cline** in the parking lot.

Meetings start at 7:30 p.m. in the REI parking lot on the 2nd Wednesday of each month. Annual dues are \$35 from the date signed and payment is made good to Dec 31st of the year per adult member. Dues are \$15 for those joining Oct 31st through Dec 31st.

UPCOMING CLUB RACES, MAJOR RACES, AND EVENTS

Check the Club web site Race Reviews, the rack at REI or Run With Us for applications and in Competitor or Race Place.

May 4-5	Hoag OC Marathon Running Festival	www.ocmarathon.com
May 5	Verdugo Mountains 10K	www.runtheverdugos.com
May 18	Kid-Fit Family Fun Run 5K <i>Team \$ code for Foothill Flyers: 2024FFlyers</i>	www.runsignup.com/Race/CA/SouthElMonte/KIDFIT5K
May 25	Mt Wilson Trail Race	www.mountwilsontrailrace.com
May 26	Pasadena Team Relay/Solo/10K	www.pasadenarunningcompany.com
May 27	La Canada Fiesta Days 10/5K	www.runsignup.com
Jun 12	Griffith Park Trail Marathon/Relay/8K	www.griffithparkmarathonrelay.com
Jul 26	Pasadena SoCal Summer 12/6K	www.pasadenarunningcompany.com
Aug 3	Angeles Crest 100 Mi Endurance Run	www.ac100.com
Aug 4	Run LA 10 Miler/10/5K	www.racewire.com
Aug 17	Bulldog Ultra 50/25K	www.ultrasignup.com
Sep 2	Mt Baldy Run-to-the-Top	www.run2top.com
Oct 5	Spacerock Half Marathon/10/5K	www.spacerocktrailrace.com
Oct 5-6	Long Beach Marathon/Half/5K	www.runlongbeach.com
Oct 20	Pasadena Trail Half/10/5K	www.pasadenarunningcompany.com
Nov 9	Catalina Island Half Marathon/10K	www.catalinahalfmarathon.com
Nov 16	REVEL Big Bear Marathon/Half Marathon	www.runrevel.com
Dec 14-15	Holiday Half Marathon/5K	www.runholidayhalf.com
tbd	Santa Runs Griffith Park 10/5K	www.racewire.com
Dec 18	Club Christmas Lights Run	Club event
Dec 24	Christmas Eve Morning Clamshell Run	Club event
Jan 1	Rose Parade Float Walk	Club event
Jan 5	Griffith Park Resolution Run Half/12/5K	www.rayenduranceevents.com

* Popular or special events in the club # Reviewed on web site, www.foothillflyers.org

Have a favorite run coming up you want listed? Send the date, name, distance & web to Leslie Hallimore before the last Wednesday of the month @ editor@foothillflyers.org